



Workshop 2: 7 essential dimensions of children's emotional well-being

Half-day Workshop – Workshop 2: Practices that support children's emotional well-being

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Learning objectives

In this second interactive, half-day workshop, participants have the opportunity to:

1. Discuss the indicators of the 7 dimensions in school environments
2. Learn about the relationships among '7 Dimensions' and how they contribute to focused, effective intervention
3. Recognise and expand practices that support children's emotional well-being.

Note: The first workshop is pre-requisite to participation in this second workshop

WORKSHOP TOPICS

Working with students requiring additional support

- a. Brief revision of 7 Dimensions
- b. Relationships among dimensions – using links to facilitate support.
- c. Positive perspective – strengths and supports as essential elements
- d. Well-being in context – thought and language

Direct support and outcomes

- a. Indicators of children's well-being
- b. Direct support for safety and experience dimensions.

Proactive and reactive support

- a. Safe and meaningful learning environments for all children
- b. When additional support is required.
 - Making sense of children's feelings and emotions
 - Communicating understandings
 - Identifying key dimensions for planning

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